

# TIFFANY REINHARDT, RN, BSN *GRN Candidate*

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- ▶ Targeting Emergency or ICU Nursing
- ▶ Bachelor's Degrees in Nursing and Psychology
- ▶ 5 years' experience in healthcare and veterinary



*They may forget your name, but they will never forget how you made them feel* ~Maya Angelou

**Emerging healthcare leader with nursing degree, clinical experience, and exceptional recommendations from the top-rated Loma Linda University School of Nursing.** Dedicated to patient advocacy, excelling in the calming care of patients during their most vulnerable times — giving them hope and helping them feel safe. Demonstrate a real-world balance of compassion with practical, attentive delivery of quality healthcare.

**Background in psychology with strengths building productive patient rapport and working effectively with challenging patient behaviors.** Demonstrated pivotal skills in the interactive dynamics of healthcare delivery, collaboration with clinical teams, and human behavior — earning praise for working well under pressure in code situations and in the ER.

**Consistently take initiative, doing what needs to be done and seeking new opportunities,** with preceptor review as being "on the right path to becoming an awesome ED Nurse!" Committed to continuing education, evidenced by dual degrees in Nursing and Psychology, with the desire to continually learn something new in a career demanding life-long growth.

*"I found out who I am in nursing, a career demanding that I push myself to limits I never thought I could achieve, driving myself beyond my comfort levels and getting better every day for the good of patients." ~ Tiffany*

## EDUCATION AND LICENSURE

**Bachelor of Science in Nursing,** Loma Linda University School of Nursing – Loma Linda, CA (2010–2013)

**Master of Psychology in Marriage and Family Therapy,** [Argosy University– San Diego (2009–present)

**Bachelor of Arts in Psychology,** University of Hawaii Manoa – Honolulu, HI (2003–2005)

**Registered Nurse License - California State**

## NURSING PRACTICUM AND CLINICAL EXPERIENCE (885 HOURS)

### LOMA LINDA UNIVERSITY

Comprehensive academic and clinical preparation in 12-hour shifts of direct patient care at one of the top schools in the nation, known for cultivating excellence in the development of RN leaders

**Practicum / Preceptorship - Emergency Department** (220 hrs.): ER floor and trauma rooms.

**Medical - Surgical I, II** (300 hrs.): Various floors and specialties.

**Critical Care** (110 hrs.): Cardiac, thoracic, neuro ICU, and step-down care.

**Pediatric / Children's Hospital - High-risk Mother and Baby Specialty** (75 hours): PICU, hematology-oncology, step-down, and medical surgical.

**Labor and Delivery** (75 hrs.): Antepartum, labor, postpartum, NICU, and OR.

**Psychiatric** (75 hrs.): Lock-down intensive care ward.

Nursing, Clinical, and Professional Strengths

## Nursing Skills

- ▶ Nursing Process
- ▶ Nursing Diagnosis
- ▶ Assessments
- ▶ Care Planning
- ▶ Interventions
- ▶ Patient Advocacy
- ▶ Patient Education
- ▶ Patient and Family Rapport
- ▶ Therapeutic Communication
- ▶ Community Health Training
- ▶ Nursing Documentation
- ▶ Attentive Bedside Care

## Clinical Proficiencies

- ▶ A-Lines
- ▶ Central Lines,
- ▶ Drips and Titration
- ▶ Medications
- ▶ Catheterization
- ▶ IVs
- ▶ NG
- ▶ Tracheostomy care
- ▶ Reading EKGs
- ▶ Pre-Natal Ultrasound

## Personal Strengths

- ▶ Goal Setting
- ▶ Critical Thinking
- ▶ Intelligent Prioritization
- ▶ Problem Solving
- ▶ Emotional Intelligence
- ▶ Establish Boundaries
- ▶ Communication

**HIGHLIGHTS OF NURSING PRACTICE**

- ▶ **Granted desired ER capstone practicum based on reputation as a top student.** Exposed to above-average rate and range of emergencies and diverse patient populations, polishing skills in trauma care, triage, quick and critical thinking, assessment, prioritization, and the ability to remain calm and focused despite the fast-paced and sometimes chaotic ER environment.
- ▶ **Recommended for position by all ER staff,** earning testimonials as the most competent and personable new graduate nurse they had worked with.
- ▶ **Asked by supervising nurses to observe surgeries and procedures** in the Children's Hospital.
- ▶ **Refined technology and clinical skills from direct experience as clinical team member on complex cases and conditions,** including codes, ventriculostomies, MRCP, MS, strokes, cerebral hemorrhages, MV accidents, MI, 51-50 involuntary psychiatric holds, addiction, cirrhosis, kidney failure, cancer, asthma, anencephaly, and babies delivering with meconium.

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*"I realized I was a nurse when a patient said I was the angel they prayed for when coming into the hospital, thanking me for the extra time spent and the encouraging words I shared." ~ Tiffany*

MANAKAI O' MALAMA – Honolulu, HI

2007–2008

**Program Coordinator - Chronic Pain Program**

Established and directed innovative pain program, offering comprehensive, integrated management of chronic pain through 12-week program employing psychology, physical therapy, acupuncture, and follow-up clinic participation.

- ▶ **Planned and managed protocols, program structure and logistics, billing and insurance coordination,** marketing, scheduling, patient and provider communications, direct patient care, patient education, event planning, and guest speaker / specialist scheduling.
- ▶ **Critical contributor to successful program outcomes demonstrating sustained benefits in quality of life, improved function, and reduced opiate utilization;** 85% of disabled or partially disabled participants resumed gainful activities and 81% of all program participants had a 50% or more reduction in opiate use.
- ▶ **Developed keen assessment, judgment, and communication skills** working with unique challenges of patients with chronic pain and dependent on opiates.

VCA ANIMAL HOSPITAL – Honolulu, HI

2003–2005

**Veterinary Technician**

Assisted veterinary physicians with assessment, care, and surgical procedures. Prepared animals for surgery, performed and evaluated x-ray studies, and filled prescriptions. Consulted with pet owners, educating them on conditions, diseases, procedures, and care. Scheduled, checked-in, and administered appointment and chart documentation.

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*Volunteer at Rady Children's Hospital (2009–2010), Honolulu Zoo (2004–2005), and the Dolphin Institute (2004–2005)*